



Announcements

Keep checking anthemcda.com/updates for:

- Connection points (Zoom calls, etc)
- “Show the Love” updates
- Family guide to work through the Scripture application with your kids

Discussion

- If you were asked to pray out loud in front of other people, what would be your thought/response? Why?
- Read Matthew 6:5-8.

Thoughts from Angela...

When I read verse 5, I struggle to see this is a problem for most believers. It seems more typical in the church for people to not want to pray in front of others. We play “thumbs up” to see who **has** to pray. The request for “who wants to lead us out in prayer?” is often met with crickets. It causes me to wonder how prayer has been modeled and taught and why people might be afraid of praying with others. Do religious leaders today still struggle with the challenge in verse 5? Do we model the opposite of what we’ve been instructed and neglect to model verse 6? This has personally caused me much to reflect on this week. We see much in the New Testament about the church gathering together to pray (Mt. 18:19-20; Acts 1:12-14, 2:41-43, 12:1-19), so we know that not all prayer is completely private. But I do think healthy prayer flows out of our intimate time with Jesus, as described in verse 6. In the coming weeks, we’re going to talk more about how to pray; but this week, let’s focus on sharing our journey with prayer and the things that trip us up.

- Has anyone ever taught you how to pray? Do you feel like you know how to pray?
- Do you have a habit of spending intimate time with the Father?
- How does verse 8 resonate with you? If this is true, why do you think we should pray?

Pray

- How can we pray for each other this week?
- Would everyone have the courage to pray this week?

Plan

- What does your community need to know about this week? Any birthdays coming up? What do we need to help each other celebrate or care for this week?